


PERSONAL PROFILE

Dr(Smt). Suneetha J Hangal Associate Professor & Head, Department of Psychology, KLES' S.K Arts College and H.S.K Science Institute, Hubballi – 580031, Karnataka, India Mobile:+91 9448922191 Email:suneetha.j.hanagal@ gmail.com		
Languages known	Kannada, English, Hindi, Tulu & Malayalam	
Permanent Address	AKANKSHA, Plot, No.15, Behind MORE Super Market, Vidyavihar, Vidyanagar, Hubbaali-31	

❖ Education Details

Sl. No.	Degrees Obtained/ Exams Passed	Board/ University	Year of Passing
1	Ph.D.	Karnatak University, Dharwad	2008
2	MA(I Rank)	Calicut University, Kerala	1990
3	SLET Passed	Government of Karnataka	1994

- ❖ **Skills:** Also trained in Computer Skills, Counselling, Rational Emotive Behaviour Therapy(REBT) and Neuro Linguistic Programming (NLP)'
- ❖ **Computer Literacy:** Present(completed Certificate in Office Computing in 2000)

❖ **Teaching Experience**

Sl.No.	Institution	Year		No. of Years
		From	To	
1	KLES' S.K Arts College and H.S.K Science Institute, Hubballi, Karnataka	1998	2022	23
2	KLES' J. T. College, Gadag, Karnataka	1992	1995	03

❖ **Industry Experience**

Sl.No.	Institution	Year		No. of Years
		From	To	
1	M.V. Shetty College of Physiotherapy and Speech and Hearing, Mangalore	1990	1992	02

Membership of Professional / Academic Bodies

1. Life Member, Indian Academy of Applied Psychology (IAAP)-2003
2. Founder Life Member, Joint-Secretary, Indian School Psychology Association (InSPA)-2009
3. Life Member, International Association of Holistic Psychology (IAHP)-2011
4. Member, Karnatak University & College Teachers' Association

Other Academic Positions:

1. Member , Faculty of Social Sciences, Karnatak University, Dharwad)
2. Member, BOS, Karnatak University, Dharwad.
3. Member, BOS, Lingaraj College(Autonomous), Belagavi.
4. Member, BOE, Lingaraj College(Autonomous), Belagavi.
5. Member, BOE, College of Rural Home Science, Agricultural University, Dharwad.
6. Question Paper Setter & Evaluator, KPSC, Bengaluru (2015-2020).

Awards and Recognition

- **Best Teacher Award** by Pondicherry Psychology Association (PPA) in 2012
- **School Psychology Best Performance Award Year** by Indian School Psychology Association (InSPA) in 2014
- InSPA Decennial Certificate of Appreciation by Indian School Psychology Association (InSPA) in 2019
- InSPA Ratna Award 2021

Posts Held & Institution Governance Responsibility

Have served as

- Coordinator, IQAC(2010 & 2016)
- Chairperson, Psychology Association(2003-2005; 2007-2010; 2017-2022)
- Convenor, Criterion II (Teaching, Learning & Evaluation from 2001-2017)
- Chairperson, Women Empowerment Cell (2001 & 2009)
- Convenor, Website Committee(2017-2020)
- Convenor, Degree Examination Result Analysis Committee(2018-2022)
- Member, Examination Committee(2000-2005; 2007-2012)
- Convenor, Internal Assessment Committee (2020-21)
- Chief Internal Superintendent, KUD Degree (ODD Sem), Examination (2021)
- Convenor, Internal Complaint Committee (2020-22)
- Convenor, Student Mentoring System (2020-22)
- Member, NSS Advisory Committee(2018-20)
- Convenor, SSS Committee(2019-21)
- Member, Library Advisory Committee(2021-22)

❖ Memberships in Editorial Boards:

- Member, Editorial Board, INSPA Journal of Applied and School Psychology

Orientation/Refresher Course/ FDP Attended

Sl.No.	Programme	Venue	Date
1.	International FDP on 'Soft Skills for Capacity Building'	Organized online by St. Joseph's College, Tamil Nadu	8/11/2021 to 12/11/2021
2.	FDP on 'Digital Skills for Smart Teaching'	Organized online by Annamalai University, Tamil Nadu	12/6/2020 to 18/6/2020

3.	International FDP on 'Establishing Research beyond the Horizon'	Organized online by Research & Development Centre, N.K.T. National College of Education for Women, Tamil Nadu	26/5/2020 to 30/5/2020
4.	ICSSR sponsored Research Methodology Course	Centre for Multi-Disciplinary Development Research, Dharwad	5/12/2012 to 14/12/2012
5.	Psycho-Oncology Volunteer Training Programme	Deshpande Foundation, Hubballi	16/4/2011
6.	Refresher Course	Central University, Hyderabad	17/10/2008 to 6/11/2008
7.	Refresher Course	Goa University, Goa	5/11/2007 to 26/11/2007
8.	Refresher Course	NIMHANS, Bangalore	15/5/2000 to 4/6/2000
9.	Orientation Course	Karnataka University, Dharwad	17/7/1999 to 13/8/1999

❖ **Research Interests:** Adolescent Psychology, Mental Health of Women, Psycho Oncology, Positive Psychology.

❖ **Research Projects Completed**

Sl.No.	Major/Minor	Title	Organization	Amount	Year
1	Minor	"Stress, Depression & Coping among the Lamani Tribal Women of North Karnataka"	UGC	Rs.50,000/-	2014

❖ **Publications**

I Publications in Journals	
1	Hangal. S.J. & Hunagund, Deepa (2019).Hope & Coping in Caregivers of HIV/ AIDS & Cancer Patients. International Journal of Social Science Review, 7 (5-II) P. No 1459-1462.ISSBN- 2347-3797 UGC Journal No. 41948 & NAAS Rating 2.72
2	Hunagund, Deepa & Hangal.,S.J.(2014).Self-efficacy and Happiness in Youth. Journal of the Indian Academy of Applied Psychology Vol. 40 No 1, pg.70-73(ISSN: 0019-4227).
3	P.Asha & Hangal, S.J.(2012).General Well-being and Emotional Intelligence of

	Working and Non-working Women. Indian Journal of Health Psychology, Vol.6 No 2, pg. 1-8(ISSN:0973-5755)
4	Hangal, S.J. (2012).Impact of Self-esteem, Hope and Emotional Maturity on School Adjustment of Banjara Adolescents. Indian Journal of Health and Well-being, Vol.2 Special Issue, pg. 615-619 .(ISSN-2229-5356)
5	Hangal, S.J. & Aminabhavi, V,A.(2007). Self-Concept, Emotional Maturity and Achievement Motivation of Adolescent Children of Employed Mothers & Homemakers. Journal of the Indian Academy of Applied Psychology(2007), Vol.33, No.1, p.103-110 (ISSN-0019-4247)
II	Publications in Conference Proceedings
6	Hangal, S.J. (2016). “Why Values and Ethics in Higher Education are Imperative in developing Global Competence? Proceedings of UGC sponsored National Conference on “Innovative Academic & Administrative Reforms in Higher Education for Global competency”, p.89-91 (ISBN: 978-93-5258-822-0)
7	P. Asha & Hangal, S.J. (2012).General Well-being and Emotional Intelligence of Working and Non-working Women in UGC sponsored National Conference Proceedings (Vol.01, ISBN: 978-1534689640)
III	Publications: Books/Chapters/Book Reviews/ Book Translations
8	Book Translation: Hangal. S.J. (Aug. 2021).Translated Book (to Kannada) entitled ‘School Psychology in the Indian Context’ by Dr. Panch. Ramalingam, ISBN: 978-93-91690-19-9
9	Book Review: Hangal, S.J. (2017). “School Psychology: Enhancing Psychological Competencies among School Students for Overall Development” in Journal of the Indian Academy of Applied Psychology, Vol. 43, (02), ISSN: 0019-4247.
10	Book Review: Hangal, S.J. (2015).”School Psychology: Prospects of Children with Multiple Disabilities” in Journal of the Indian Academy of Applied Psychology, July 2015, Vol. 41, (02), p: 356-358, ISSN: 0019-4247
11	Book Chapter: Hangal, S.J. & Kanoi, Sangita (Sept.2015). Mental Illness: An Assamese Youth Perspective. In School Psychology: Enhancing Psychological Competencies among School Students for Overall Development by Panch.Ramalinam & Indranee P.Borooah (Eds.) p.339-348. ISSN: 81-87299-101-X
12	Book: Hangal, S.J. & Aminabhavi, V.A. (2010).Psychology of Adolescents, VDM, Publication, Germany (ISBN; 978-3639-25312-2).
	Editor, InSPA Newsletter (2011-2020)

❖ Paper Presentations

Papers presented in International/National conferences, Seminars/Workshops					
Sl. No	Title of the Paper Presented	Authors	Name of Conference	Venue	Date
1.	Character Education Efficacy Beliefs of Teachers and Students' Moral Competencies	Dr. S.J. Hangal	9 th InSPA International Conference on Professional Empowering Professional Skills & Competencies	Pandit Deendayal Petroleum University, Gujarat	14/11/2019
2.	Why Values and Ethics in Higher Education are Imperative in developing Global Competence?	Dr. S.J. Hangal	Two Day National Conference on Innovative Academic & Administrative Reforms in Higher Education for Global Competency	P.C. Jabin Science College, Hubballi.	22/3/2016 & 23/3/2016
3.	Mental Illness: An Assamese Perspective	Dr. S.J. Hangal & Sangita Kanoi	Annual InSPA International Conference	Gauhaty University, Assam	22/11/2014
4.	Hope & Coping in Caregivers of HIV/AIDS and Cancer Patients	Dr. S.J. Hangal & Deepa Hunagund	15 th International IAAP Conference on "Life Skills for Quality of Life"	Mysore University, Mysore	4/2/2011 to 6/2/2011
5.	Self-esteem, hope, emotional maturity & adjustment of Banjara and Non-Banjara adolescents.	Dr. S.J. Hangal	33 rd Annual International ISPA Conference	Vellore Institute of Technology Vellore	19/7/2011 to 23/7/2011
6.	Positive Mental Health and Working Women	Dr. Asha P & Dr. S.J. Hangal	National Conference	SJMV's Arts & Commerce College for Women, Hubballi	27/2/2009 & 28/2/2009
7.	A Comparative Study of Personality of Only Children vs Children with Siblings	S.J. Hangal	National Academy of Psychologists (NAOP) National conference,	IIT, Bombay	14/12/2006 to 16/12/2006

8.	Assessing the Need for counselling the Adolescent Children of Employed Mothers & Home makers.	S.J. Hangal & Dr. Vijyalaxmi Aminabhavi	10 th International conference of Indian Academy of Applied Psychology	NIIIR, Chennai	16/2/2006 to 18/2/2006
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Sl. No.	As Chair,/Co-ordinator/ Rapporteur	Name of Conference/Seminar	Venue	Date
1	Coordinator, Plenary Session	3 rd International Conference of the Dept. of Applied Psychology & 6 th InSPA International Conference	Pondicherry University, Puducherry	13/10/2016 to 15/10/2016
2	As Chair	3 rd National InSPA Conference on School Psychology: Mental Health Challenges	Calicut University, Kerala	23/11/2012
3	As Chair	17 th International Conference of Indian Academy of Applied Psychology	Karnatak University	22/3/2013
4	As Chair	National Seminar on Sexuality, Society & Cultural Difference	Lingaraj College, Belagavi.	30/3/2014
5	Rapporteur	Two Day National Conference on Innovative Academic & Administrative Reforms in Higher Education for Global Competency	P.C. Jabin Science College, Hubballi.	23/3/2016
6	As Chair	National Seminar on Healthy Mind in a Healthy Body: A Global Challenge	Lingaraj College, Belagavi.	12/4/2016

❖ **As Resource Person**

As Resource Person in International Conference/ Seminar			
Sl.No	Title/Programme	Venue	Date
1	Annual InSPA International Conference - On the topic “Value Education in Schools: A Critical Analysis”	Gauhaty University, Assam	22/11/2014
2	2 nd International Seminar on School Psychology – on the topic “Life Skills for Teacher Educators”	Sri. Renugambal College of Education, Polur, Tamil Nadu	2/3/2013

As Resource Person in Workshop/ Programmes			
Sl.No	Title/Programme	Venue	Date
1	“Mental Health of Women” at the Workshop on ‘Knowing Myself’	S.K.Arts College & H.S.K Science Institute, Hubballi	19/2/2021
2	Invited Speaker on International Women’s Day	G.H. College, Haveri	8/3/2020
3	Workshop – International Women’s Day(Spoke on “ Women’s Rights: Awareness & Realization”)	Karnataka Arts & Science College, Dharwad	3/3/2020
4	Special Lecture on “Problems of Adolescents” organized by NSS	Rani Chennamma Residential School, Betadur, Hubballi	21/2/2019
5	Gender Sensitization Programme	KLE Society’s Pharmacy College, Hubballi	15/3/2019
6	Invited Speaker International Women’s Day	KLE Society’s Pharmacy College, Hubballi	8/3/2018
7	Invited Speaker for International Women’s Day by Telecom Women’s District Organization	Sanchar Sadan, Hubballi	29/3/2012
	Workshop on ‘Project Report Writing’	Lingaraj College, Belgaum	22/1/2015
8	Invited Lecture on ‘Anti Sexual-Harassment Act’	Government Polytechnic, Hubballi	3/3/2015
9	Invited Speaker on ‘Psychodynamic Approach to Counselling’.	Lingaraj College, Belgaum	9/0/2014
10	Regional workshop organized by Vivekananda Jagruh ta Balaga on ‘Mental Health of Women’	Laxmi Sadana, Hubballi	17/6/2013
11	Citizen Training Workshop	Sana B.Ed College, Hubballi	20/7/2012
12	Invited Speaker on ‘Mental Health of	Sri.Katti	8/3/2012

	Women' at the Annual Day Celebration	Mahila Mandal, Hubballi	
13	Invited Speaker for PG Dept. of English on 'Brain, Mind and Behaviour'	Nehru Arts, Science, Commerce, BBA, BCA College Hubballi	30/5/2012
14	Citizen Training Workshop on 'Mental Health'.	Sana B.Ed College, Hubballi	10/8/2011
	Invited Lecture on 'Anxiety based Disorders'	SJMV's Arts & Commerce College Hubballi,	4/3/2011
15	Regional Refresher Course for Police Persnnel on "Adolescent Psychology"	Urban Police Station, Hubballi	May 2010 to Sept.2011
16	Induction & Orientation Programme for Freshers	KLES College of Business Administration, Hubballi	28/7/2010
17	Chief Speaker on Inauguration of Gymkhana	Vijayanagar B.Ed College, Hubballi	3/4/2010
18	Regional Workshop for students on Interpersonal Skills in Team'	S.K.Arts College & H.S.K.Science Institute, Hubballi	18/2/2010
19	Workshop on the Capacity- building for Non-Teaching staff	Nehru Arts, Science, Commerce, BBA, BCA College, Hubballi	8/2/2009
20	Motivational Speaker for World Vision	Basel Mission Boy's High School, Dharwad	17/5/2008
21	Workshop on Practical Syllabus of Karnataka University & Women's University	Kittel Arts College, Dharwad	10/8/2008
22	International Women's Day Celebration by Bhavsar Vision	Chamber of Commerce, Hubballi	14/3/2007
23	Workshop on Psychology PUC Syllabus	SJMV's Arts & Commerce College Hubballi,	13/9/2005 & 14/9/2005
24	Chief Guest Annual Day	Rotary School for Slow Learners, Hubballi	12/3/2004
23	Chief Guest Annual Day	Loyola Convent, Betageri, Gadag	27/2/2001
25	Workshop for Border Reserve Force	Police Head Quarters, Gadag	10/7/1999

❖ Participation in International/National / Regional Conference & Seminars

Sl.No	Name	Place	Date
1	National Conference on 'Harnessing Demographic Dividend.'	S.Nijalingappa College, Bangalore	4/9/2015 & 5/9/2015
2	National Conference on 'Relevance of Basaveshwara's Social thoughts to contemporary Indian Society'.	S.K.Arts College & H.S.K.Science Institute, Hubballi	18/2/2014
3	National Conference on 'Forensic Psychology in India today & the challenges to be met in the 21 st century'.	SDM College, Ujire, Karnataka.	15/2/2013 & 16/2/2013
4	13 th PPA National Conference on "Best Practices in School Psychology	Pondicherry Psychology Association, Puducherry	22/1/2011 & 23/1/2011
5	International Conference on 'Violence against women- New Millennium Perspectives'.	Nehru Arts, Science, Commerce, BBA, BDA college, Hubballi	13/8/2009 & 14/8/2009
6	National Conference	SJMV's Arts & Commerce College for Women, Hubballi	27/2/2009 & 28/2/2009
7	National Conference on 'Applied Psychology & Web World'.	Teachers' Training College, Pondicherry	4/1/2009 & 5/1/2009
8	National Seminar	Women's Arts & Commerce college, Gadag	4/10/2008
9	Interactive Session on 'Cyber Crime and Women'	KLE's BBA College, Hubballi	28/2/2008
10	National Conference	B.K. Arts, Science, Commerce, College, Chikodi	23/2/2008 & 24/2/2008
11	One Day Census Data Dissemination Workshop	Karnatak University, Dharwad	28/11/2006
12	UGC sponsored Regional Conference	SJMV's Arts & Commerce College, Hubli	23/3/2006
14	State Level Workshop on Criterion-wise Perspectives: Reflection on Recent NAAC Guidelines	Shri Mrityunjaya College of Arts, Commerce & Post Graduate Studies in Commerce, Dharwad	29/8/2019
15	State Level Workshop on "NAAC : A New approach to IQAC	S.K.Arts College & H.S.K.Science Institute,	27/9/2018

	& AQAR”	Hubballi	
16	CME Programme on ‘Sexual Medicine-Update’	SDM Medical College, Sattur	12/2/2017
17	State Level Workshop on E-Resources & Communication Skills	Jagadguru Tontadarya College, Gadag	7/2/2017
18	National Workshop on Behaviour Modification	Madras School of Social Work, Chennai, Tamil Nadu	3/3/2017 & 4/3/3017
19	State Level Workshop on ‘Post-accreditation Quality Sustenance	G.H. College, Haveri	16/8/2014
20	UGC sponsored Training of Trainers (TOT)on Capacity Building for Women Managers in Higher Education	National Law School of India University, Bangalore	20/2/2012 to 25/2/2012
21	Deshpande Foundation sponsored Training of Trainers Workshop on Teaching Entrepreneurship	KLES College of Business Administration, Hubballi	21/6/2010 to 24/6/2010
22	UGC sponsored SAM Workshop on Capacity Building for Women Managers in Higher Education	Nehru Arts, Science, Commerce, BBA, BCA College, Huballi	23/11/2009 to 27/11/2009
23	Workshop on Analytical Insight into the Re-accreditation Process	J.G. College of Commerce, Hubballi	21/2/2009
24	Neuropsychiatry CME	SDM Medical College, Sattur	10/2/2008
25	Neuropsychiatry CME	SDM Medical College, Sattur	11/2/2007
26	IAAP National Workshop on “Indian Psychological Insights for Human Welfare”	Karnatak University, Dharwad.	12/3/2001 & 13/3/2001